

Supporting Evidence for ESCAPE-pain

Evaluation of ESCAPE-pain

Link: <http://escape-pain.org/about-escape/evidence>

Awards and Endorsements

Featured in the NICE clinical guideline for the management of osteoarthritis

Link: <https://www.nice.org.uk/guidance/cg177>

Best Practice Award in Rheumatology and Musculoskeletal Disorders from the British Society for Rheumatology 2016

Health and Wellbeing Award from the Royal Society of Public Health 2015

Finalist for the AbbVie Sustainable Healthcare: Patients as Partners Award 2016

Featured as a Quality Innovation Productivity and Prevention (QIPP) case study (NICE publication)

Recommended by Public Health England as preferred intervention for musculoskeletal management in a report 'Return on Investment Interventions for the Prevention and Treatment of Musculoskeletal Conditions'

Link: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/670211/musculoskeletal_conditions_return_on_investment_final_report.pdf

Supporting Research

Sensorimotor changes and functional performance in patients with knee osteoarthritis. – Arthritis Care Research. By M.V. Hurley et al.

Link: <https://www.ncbi.nlm.nih.gov/pubmed/9462165>

Clinical effectiveness of a rehabilitation program integrating exercise, self-management, and active coping strategies for chronic knee pain: a cluster randomized trial – Arthritis and Rheumatism. By M.V. Hurley et al.

Link: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2673355/pdf/art0057-1211.pdf>

Long-term clinical benefits and costs of an integrated rehabilitation programme compared with outpatient physiotherapy for chronic knee pain – Physiotherapy. By S.A. Jessep et al.

Link: <https://www.ncbi.nlm.nih.gov/pubmed/19627690>

Economic evaluation of a rehabilitation program integrating exercise, self-management, and active coping strategies for chronic knee pain – Arthritis and Rheumatism. By M.V. Hurley et al.

Link: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2675012/>

Long-term outcomes and costs of an integrated rehabilitation program for chronic knee pain: A pragmatic, cluster randomized, controlled trial – Arthritis Care and Research. By M.V. Hurley et al.

Link: http://eprints.uwe.ac.uk/16494/116/Long_term_effects_of_ESCAPE-knee_pain_programme.pdf

Long-Term effectiveness of exercise therapy in patients with osteoarthritis of the hip or knee: A systematic review – Arthritis Care & Research. By M.F. Pisters et al.

Link: <https://onlinelibrary.wiley.com/doi/epdf/10.1002/art.23009>

Improvements in quadriceps sensorimotor function and disability of patients with knee osteoarthritis following a clinically practicable exercise regime – British Journal of Rheumatology. By M.V. Hurley and D.L. Scott.

Link:

https://watermark.silverchair.com/371181.pdf?token=AQECAHi208BE49Ooan9kKhW_Ercy7Dm3ZL_9Cf3qfKAc485ysgAAAAdkwggHVBgkqhkiG9w0BBWagggHGMIIBWglBADCCAbsGCSqGSIb3DQEHATAeBgIghkgBZQMEAS4wEQQM3KKkMSzq6nJwsUu7AgEQglIBjJxx96rMplVtns5ppHpKENakTsNuixvZjX8ApBnJB78PFoaiLtNMgATZQFzImkcz3sq5IEmC9xL2hJCFvHugMMQH19WdKcGd97bx4FFnqbar0GLZORiJhOmgFdQTxw6AZIANoYm25i8P85b4T0DaDYUk2etJEXWmlWxaa9Lbkg1g1chk7oNg09JKcm3JSS75mDINr5TO9GfmkVZ79WafIE33OEkb-zoKOT-JM3bpcjIMewMTTHaY-kX3A_I4w06BfmGvFRhJ3W7fsw4dojBegapA4sjo4V96dg0rxhigw1p6VRNdf8LB4RTVSvav04mCYEhy4NJJaUkz7YtluUic-MTdlHWyAlkVupo7E3E23HUF0KDvfbYESCsTwKLxDC55QCs4de3pdydYV- -zQuAlpTEww21hhWPaFp_p- yoeyUip0xxafBQhiTZfSFkywF489TJinbo12XunpULQntLcdrRUSIH1_EULiG5y8kll6mdInkcQY8rxLfeFlif3rTVKkZQvIM1Trh73vmkA

The role of muscle weakness in the pathogenesis of osteoarthritis – Rheumatic Diseases Clinics of North America. By M. Hurley.

A clinically practicable rehabilitation regime that improves quadriceps sensorimotor function and reduces disability of patients with knee osteoarthritis – Arthritis and Rheumatism. By M.V. Hurley, D.L. Scott, and D.J. Newham.